

GINGERED CARROTS

comments

Try this with people who say they don't like carrots. You may convert them.

notes

Feel free to cut up the carrots (and even cook them) the day ahead, to save time.

Serves 4

Ingredients

prepare in advance

Peel and cut into julienne strips

1 lb. carrots

Measure

3 T unsalted butter
3 T dark brown sugar
2 tsp. powdered ginger

Have available

salt and pepper

complete recipe

Fill saucepan with water; add carrots; bring to a boil and cook 5-6 minutes, until tender.

Drain and dry completely on paper towels.

In separate saucepan, melt butter.
Add sugar and ginger.

Now add carrots, plus salt and pepper to taste.

Cook, stirring over low heat for 3-4 minutes.

Serve as soon as possible.